

Start Point

Outer Loop. Includes start and end for .5 mile, 1 mile, 5K (3.1 miles), and 10K (6.2 miles)

Indicates you have walked .5 miles

Inner Blue Loop .42 mile

Indicates after one lap past start you have completed 1 mile

Questions?

Please call

910-253-2670

Indicates after 7 laps past start you have completed 10K (6.2 miles)

Indicates after 3 laps past start you have completed 5K (3.1 miles)